

Camp Shriver 2024 Weekly Goals

1. **Show Up** – Be here, be involved, give 100%

What it looks like

- Join all activities
- Participate even when you don't feel like it
- Show enthusiasm
- Interact with others
- Positive attitude toward coaches, counselors and campers
- Try new things, even if they are hard

2. **Build Yourself a Team** – Make friends, surround yourself with people who make you better, make good choices

What it looks like

- Choose positive people to be with
- Make an effort to bring others into your group (use words like join us, come on")
- Use your manners/look for manners in others (nice job, please, thank you)
- Follow the camper doing the right thing, ignore the camper doing the wrong thing

3. **Fill Their Tank** – Make others feel good about themselves, put yourself in their shoes, ask "how would I feel?", build them up

What it looks like

- Compliment others
- Cheer up someone who needs it
- Cheer on teammates
- Congratulate opposing teams

4. **Play to the Whistle** – listen to your coaches, let disappointments go when the game is over, play fair, demonstrate good sportsmanship

What it looks like

- High five other team
- Follow the rules of the game
- Use your manners
- Let it go when the game is over if there is a problem
- Accept mistakes
- Cheer for successes